RACF Temporary Services

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What...

- Additional 5 services
  - Exercise Physiology
  - Occupational Therapy
  - Physiotherapy
- Longer initial allied health CDM services
- Longer Indigenous follow-up services
- Telehealth Services
- Mental Health
- Resident must have relevant care plan
  - Psychiatrist Assessment Management Plans PAMS
  - **Shared Care Plans**
- Call out fee for face to face services
  - GP
  - OMPs
  - Allied health practitioners

Why...

- Response to Royal Commission into Aged Care
  - Significant rates of mental health issues
  - 2018-19; half RACF residents with depression
- Response to physical & mental impacts of Covid-19
  - Reduced mobility
  - Deconditioning
    - Muscle strength
    - Increased falls risk
  - Inactivity
  - Isolation
    - Reduced social contact
- Better health outcomes!
  - Improves quality of life/wellbeing
    - Mental stimulation
    - Engagement in activities
      - Art
      - Music
      - Sensory therapy
  - Improves physical function
  - Focus on preventative & early interventions
  - Maintain/improve mobility
    - Strength
    - Balance
    - Endurance
    - Reduce frailty
    - Reduce falls risk
    - Encourage independence
  - Maintain/improve cognition
    - Assessment
    - Behavioural strategies
      - person-centred care
      - retain abilities where possible
      - alternate strategies where skills are declining
    - Dementia management
      - environmental adaptation
      - reduce agitation & stress
    - Mental stimulation
  - Reduce hospitalisation
  - Promote healthy ageing
  - Reduce impact of chronic disease & disabilities
    - Mobility
    - Hearing
    - Sight
    - Speech
    - Swallowing
    - Nutrition
    - Foot health
    - Training aged care providers
    - Skin breakdown prevention
    - Equipment to assist
  - Coordinating activities with RACF staff
  - Slow progression of conditions
  - Safe & enjoyable activities

Allied Health Items

- Allied Health Existing Items
  - 10950 - 10970
    - FTF only!
    - 20 minutes minimum
    - Max 5 per year
    - Must have care plan 731
    - Same item # as non-RACF
  - Group Services
    - People with T2 Diabetes
    - Initial assessment
      - Items 81100 81110 81120
      - 1 per calendar year
      - Min 45 minutes
    - 2 - 12 per group
      - Report back to GP
      - single or multiple AH providers
    - Max 8 per year
      - Items 81105 81115 81125
      - Report back to GP
  - Aboriginal Health Worker
  - Diabetes Education
  - Audiology
  - Exercise Physiology
  - Dietetics
  - Mental Health Service
  - Occupational Therapy
  - Physiotherapy
  - Podiatry
  - Chiropractic
  - Osteopathy
  - Psychology
  - Speech pathology
- Temporary Items
  - New Initial/Long Items
    - Residents must have care plan in place
    - Once per calendar year per service type
    - Included in max 5 services per year
    - Items 93501 - 93513
    - Minimum 30 minutes
  - New Subsequent/Std Items
    - Included in max 5 services per year
    - Items 93524 - 93536 FTF
    - Items 93537 Telehealth (Video)
    - Item 93538 Telephone
  - New Additional after max 5 initial & subsequent services
    - Physiotherapy
    - Exercise physiology
    - Occupational Therapy
    - No new referral is required
      - If services included in care plan
    - Must be provided FTF
  - New Group Therapy Services
    - Diabetes Education
    - Exercise physiology
      - Additional 2 group services
    - Dietetics Services
    - Can claim 90004
    - Maximum 10 per per calendar year
      - 1 initial meeting per specialty with RACF to discuss program
      - 1 FTF inital per specialty each participant
      - 2 hrs FTF per week per participant
      - Up to 26 weeks of therapy
    - PHN Commissioned Group Therapy Services
  - In addition to services that must be provided by RACF at no cost

Mental Health Services

- Existing Services
  - Services covered by Aged Care Funding
    - (Not eligible for MBS!)
  - Complex mental health needs
    - Refer to State/Territory Older Persons Mental Health Services
- Mental Health MBS Items (Temporary)
  - Provided by GPs
    - Preparation of MHTP
      - Attendance 93400 - 93403
      - Telehealth 93404 - 93407
      - Telephone 93408 - 94311
    - Review
      - Attendance 93421
      - Telehealth 93422
      - Telephone 93423
  - Provided by OMPs
    - Preparation of MHTP
      - Attendance 93431 - 93434
      - Telehealth 93435 - 93438
      - Telephone 93439 - 94342
    - Review
      - Attendance 93451
      - Telehealth 93452
      - Telephone 93453
  - Doctors with & without MH Skills Training
    - Provided by allied health
      - 8000 - 80015 Indiv Psych Therapy by Clinical Psychologist
    - Care/Treatment Plans
    - Reviews
    - Attendances
    - FTF
    - Telehealth
      - Covid temporary | as announced | MMM1-3
      - MMM4-7 permanently available
    - up to 20 individual services
      - per calendar year until 30/6/2022
      - 6 initial | review + 4 services | Review | +10 services
      - Telehealth until 30/6/2021
    - Group allied mental health services
      - Clinical Psychologist
        - 80020 Attendance
        - 800021 Videoconference
      - 6- 10 patients
      - 60 minutes minimum
      - Up to 10 sessions per year
    - Diagnosed mental health condition
      - Low to moderate intensity psych services
    - May be a gap fee
    - Referral from GP or psychiatrist required
    - Available nationally
  - 93400 - 93411 | Mental Health "Better Access" Services
  - Focused Psychological Sessions
    - Provided by GP
      - Attendance
        - 2733 & 2735 Initial 10
        - 93287 & 93288 Additional
      - Telehealth
        - 91818 - 91819 Initial
        - 93301 - 93304 Additional
      - Telephone
        - 91842 - 91843 Initial
        - 93302-93305 Additional
      - Up to 20 individual services per calendar year
      - Mirrors "Better Access" for non RACF patients
    - Provided by OMP
      - Attendance
        - 941 & 942 Initial 10
        - 93291 & 93292 Additional
      - Telehealth
        - 91820 - 91821 Initial
        - 93307 - 93310 Additional
      - Telephone
        - 91844 - 91845 Initial
        - 93308-93311 Additional
      - Up to 20 individual services per calendar year
      - Mirrors "Better Access" for non RACF patients
    - Provided by allied health
      - Individual
        - 80100-80115 FPS by Reg Psych
        - 80125 - 80140 by OT
        - 80150 - 80165 by Social Worker
      - Group
        - Psychologist
          - Flag Fall 90003 | $40.35 |
          - 80120 Attendance
          - 80121 Videoconference
        - Occupational Therapist
          - 80145 Attendance
          - 80146 Videoconference
        - 80170 Social Worker
          - 80170 Attendance
          - 80171 Videoconference
  - Better Access Bushfire Items
    - Separate program!
    - Different item numbers
- Mental Health Other Services
  - Beyond Blue
    - Phone counselling
    - 1800512348
    - Stress & anxiety related to pandemic
    - Not specific to RACFs
  - PHN commissioned services
    - Stepped-care approach
      - Early intervention of at risk residents
      - Includes low intensity interventions
    - Does not require MHCP
    - Delivered by psychologists, SW, OT, MH nurses & counsellors
    - No gap fees for residents
    - Self referral, RACF staff, family/friends referral
    - Needs of vulnerable cohorts inc Aboriginal & Torres Strait Islander, CALD, LGBTQI communities
    - Not available through all PHNs
  - Head to Health
    - Complement to FTF services
    - Digital health service

General Practice Items

- Existing Items July 2021 Update
  - Call out 90001 $57.25
    - Once only per visit to RACF
    - Bill with first pt attendance
    - If attendance bulk billed, call out must be BB also
  - Short 90020 $17.90
  - Std 90035 $39.10
  - Long 90043 $75.75
  - Prolonged 90051 $111.50
  - Multidisciplinary Care Plan | 731
    - 3 monthly
    - MBS Rebate $73.25 1/7/2021
    - Includes first service & reviews
    - Allied Health referral
    - GPMP | 721 not applicable
    - TCA | 723 not applicable
    - Co-claiming restrictions with attendance items
  - GP
  - CMA Comprehensive Medical Assessment
    - 701 Brief
    - 703 Standard
    - 705 Long
    - 707 Prolonged
  - Case Conferencing | 735 - 758
  - Aboriginal & Torres Strait Islander Health Assessment | 93470
  - RMMR | 903
  - After Hours Services
    - Short 5010
    - Standard 5028
    - Long 5049
    - Prolonged 5067
  - Reference RACGP Aged Care Clinical Guide (Silver Book)
  - OMP
    - Call out 90002 $41.60
    - MM1 location
      - Short 90083 $8.50
      - Std 90093 $$16.00
      - Long 90095 $35.50
      - Prolonged 90096 $57.50
    - MM2-7 Location
      - Short 90188 $14.30
      - Std 90188 $31.30
      - Long 90202 $60.60
      - Prolonged 90212 $89.20
    - Contribution/Review of Care Plan | 232
    - RMMR | 249
    - CMA 224 | 225 | 226 | 227
    - Case Conferencing | 235 - 240
  - Rule: GP cannot be employed by RACF
  - Service Incentives Payment (SIP)
    - 'Aged Care Access'
    - PIP Registered practice
    - Tier 1 | 60 Services per financial year | $1500
    - Tier 2 | 140 Services per financial year | $3500
    - Total maximum $5000 per financial year
    - ? New SIP structure July 2021?
      - 4 Tiers
      - Double existing maximum payments
- General Practice Items (temporary)
  - Contribute to Multidisciplinary Care Plan or Review | 93469 | $73.25
    - Rebate same as 731
    - 3 Months
    - How is it different to 731?
      - Specifies 'face to face'
      - Provides any of;
        - prepare part of plan & add to records
        - Prepare amendment to part of plan & add to records
        - Advice to practitioner who prepares/reviews part of plan & add to records
      - No co-claiming restriction with attendance items
  - Aboriginal & Torres Strait Islander Health Assessment | 93479 & 93470
    - Call out | Flag Fall 90004 $41.25
      - Claim with first FTF attendance at RACF

Issues | Challenges

- Complexity of the program!
- Additional Allied Health Services
  - Restricted to physical services
  - Interaction/overlap/time discrepancy with longer term therapies
  - MBS claiming issues/rejections?
- Access to providers