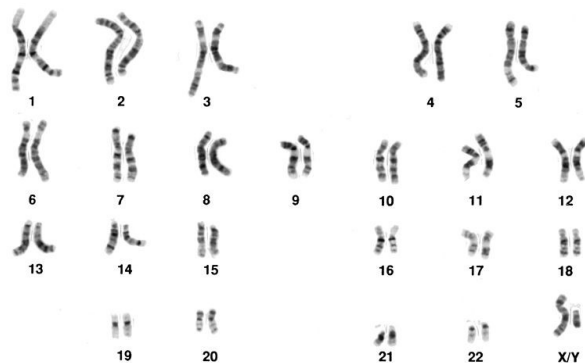


Reasons to seek genetic counselling

- Family history of Cancer
- Concerns about a disease or condition that runs in the family
- Global Developmental Delay in a child
- Planning a pregnancy
- Testing options during pregnancy
- Multiple miscarriages or stillborns
- Effects of drugs, medications, chemicals or infection during pregnancy
- Couples who are close relatives (eg. cousins)



**Our Genetic Make-up:
23 Pairs of Chromosomes**

Where do I get more information?

If you have any questions or concerns please contact this service.

Genetic Counsellor
Wagga Wagga Health Services Hub
PO Box 159
Wagga Wagga NSW 2650

Mob. 0477 322 406
Ph. 02 5943 4043
Fax. 02 6933 9262

MLHD-ClinicalGenetics@health.nsw.gov.au



Health
Murrumbidgee
Local Health District

Genetic Health

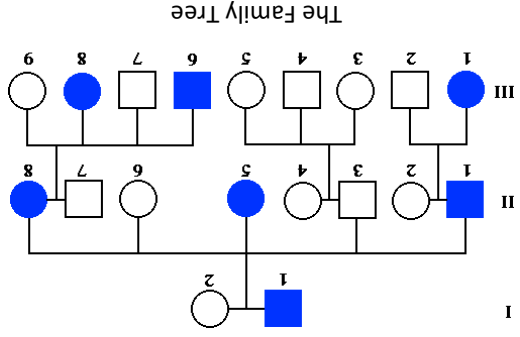


Health
Murrumbidgee
Local Health District

Genetic conditions and tests

Genetic conditions are problems in our development or health which may result from a change in one or more of our genes.

Many of these disorders are relatively rare in the population, but may occur more frequently in some families.



In many cases a change may be present in your genes, but you will never develop the condition.

For some conditions, genetic tests are available to detect if you are carrying a gene change. When available genetic testing is offered with counselling to discuss advantages and disadvantages for the person and their family.

What happens during a genetic counselling appointment?

- Discuss your concerns.
- Record the family health history
- Provide information about genetic conditions
- Estimate risks of you or your child developing a genetic condition
- If necessary, clinically examine an affected family member
- Provide support and counselling



What to bring to the Appointment?

- Doctor reports/letters/test results about the medical condition
- Photos of affected family members
- Baby's Birth record book
- Any specific questions or concerns.

What is Genetic Counselling?

Genetic counselling is designed to provide patients and their families with information about genetic conditions, analyse inheritance patterns and risk of recurrence and to help them make informed decisions about testing for or management of these conditions.

Some Genetic Condition

- Down syndrome
- Cystic Fibrosis
- Huntington's Disease
- Fragile X Syndrome
- Muscular Dystrophy
- Breast/Ovarian/Prostate Cancer
- Bowel cancer
- Pancreatic cancer
- Heart disease
- Bone disorders

